

## **ENTRANCE PROCEDURE**

**The entrance procedure comprises of the following steps:-**

1. Advertisement inviting applications from candidates will be published in all leading newspapers in Nov.
2. Applications to be forwarded online by first week of Jan. For exact date please refer to advertisement.
3. Entrance test to be held in Jan.
4. Merit list will be prepared based on the performance of the candidates in the entrance test.
5. Candidates who finish in the top 150/200 of the merit list would be called for an interview in early Feb.
6. Candidates selected in interviews will undergo a medical examination.
7. Final merit list will be prepared of all candidates who have cleared the medical examination.
8. Based on the final merit list call letters will be issued to selected candidates.
9. Selected candidates will be required to join the institute in early April.

**(Note – The timeline given above is likely to be amended/changed accordingly to the situational requirements).**

## **CRITERIA ELIGIBILITY**

1. Candidate should be an Indian citizen.
2. Age should not be more than 17 years. Stipulation of cut-off date of birth will be published in the newspaper advertisement.
3. Medically fit as per NDA requirements.
4. Should be studying in 10th class.
5. Should be desirous of joining the Armed forces through the NDA.
6. Both boys and girls are eligible to join this Institute.

## **ENTRANCE TEST**

Entrance test is of two parts, a written test and an interview. The written test will be in three subjects namely Mathematics, English and Social Studies. Standard of questions will be based on the syllabus of the Class X of CBSE.

Only objective/multiple choice questions will be asked. Answers are to be marked on the OMR sheet provided. Negative marks will be awarded for wrong answers.

The test will be conducted in various centres in Punjab depending on the area wise response.

Results of the entrance test will be uploaded on the website of the Institute and on the recruitment portal.

## **INTERVIEW**

Only those who are successful in the order of merit in the written exam will be called for the Interview. Results of the written examination will be posted on the website of the Institute/recruitment portal approximately one week from the date of the written examination. Candidates will be called in batches.

The interview process will be in two parts. Part 1 would be a test of perception/essay writing/current affairs/lecturette and a group discussion. Part 2 would be a Panel Interview. Subject matter of the Part 1 including the group discussion will be topics of general interest/day to day life including learnt academic chapters.

The primary aim of the Interview is to assess the communication skills of the candidates. Other qualities like confidence, motivation to join the officer cadre of the Armed Forces and the raw form of qualities expected to be in a potential aspirant too shall be keenly noticed during the Interview process.

Interviews will be conducted at the Institute, by a team of trained officers. The team will consist of some or all of the following: –

1. Director BBSB AFPA

2. Interviewing Officer.
3. GTO.
4. Psychologist

The results declared by the interview team will be final and candidates will not be allowed to challenge or question these results.

Candidates may note that no special preparation is required for the interview. The interview will be conducted in a formal and friendly environment.

**Certificates Required.** At the time of the interview you will be required to bring along your birth certificate, domicile certificate, certificate pertaining to proficiency in sports if any, and certificate from your school showing marks obtained in the ninth class final exam and the tenth class marks obtained so far.

The Institute is not in a position to provide any accommodation to candidates appearing in the interview.

Honesty and integrity will be of utmost importance. Please do not try to influence the selection procedure in any way. A very serious view will be taken of any aberration and any candidate found guilty will face immediate cancellation of their candidature.

Also if any member of the staff tries to contact you with a promise to help you to influence the selection procedure, please bring this to the notice of the interview board so that immediate disciplinary action can be taken.

Candidates will not be eligible for any TA / DA for appearing in the interview.

Parents / guardians may accompany the candidate to the interview centre but they will not be permitted to witness or influence the interview under any circumstances.

## **MEDICAL STANDARDS**

A candidate recommended by the Interview Board will undergo a medical examination by a Board of Medical Officers convened for this purpose. Only those candidates will be admitted to the institute who are declared fit by the Medical Board. The proceedings of the Medical Board are confidential and will not be divulged to anyone. However, the candidates declared unfit will be intimated by the President of the Medical Board.

Candidates must be physically fit according to physical standards for admission to National Defence Academy and Naval Academy. (Since the candidate will actually be appearing in the medical examination conducted by military authorities for NDA entry two years later, certain aspects of the medical standards as deemed appropriate by the medical board may be relaxed as the candidate may be expected to reach the requisite standards of physical development by then.)

Candidates are advised to rectify minor defects/ailments in order to speed up finalisation of medical examination. The under mentioned ailments are considered, common minor ailments: -Wax (Ears), Deviated Nasal Septum, Hydrocele/Phimosis, Overweight/Underweight, Under sized Chest, Piles, Gynaecomastia, Tonsillitis, Varicocele.

The candidate must be in good physical and mental health and free from any disease/disability which is likely to interfere with the efficient performance of military duties.

There should be no evidence of weak constitution, bodily defects or underweight. The candidate should not be overweight or obese.

The minimum acceptable height is 157.5 cms. (162.5 cms for Air Force) F

Height and weight standards are given below:

Height/Weight Standards for Army/Air Force	
Table-I	
<b>HEIGHT (in cm) (Without shoes)</b>	<b>WEIGHT (in Kg)</b>

Height/Weight Standards for Army/Air Force

<b>Table-I</b>			
<b>HEIGHT (in cm) (Without shoes)</b>	<b>WEIGHT (in Kg)</b>		
	16-17 years	17-18 years	18-19 years
152	42.5	44	45
155	43.5	45.5	47
157	45	47	48
160	46.5	48	49
162	48	50	51
165	50	52	53
167	51	53	54
170	52.5	55	56
173	54.5	57	58
175	56	59	60
178	58	61	62
180	60	63	64.5
183	62.5	65	66.5

Height/Weight Standards for Navy

<b>Table-II</b>			
<b>HEIGHT (in cm) (Without shoes)</b>	<b>WEIGHT (in Kg)</b>		
	16 years	18 years	20 years
152	44	45	46
155	45	46	47
157	46	47	49
160	47	48	50
162	48	50	52
165	50	52	53
167	52	53	55
170	53	55	57
173	55	57	59
175	57	59	61
178	59	61	62
180	61	63	64
183	63	65	67

A  $\pm$  10% (A  $\pm$  6 Kg for Navy) departure from the average weight given in the table 1 above is to be considered within normal limit. However, in individuals with heavy bones and broad build as well as individuals with thin but otherwise healthy this may be relaxed to some extent on merit. Note 1 : Height relaxable upto 2.5 cm (5 cm. for Navy) may be allowed where the Medical Board certifies that the candidate is likely to grow and come up to the required standard on completion of his training.

**Note 2 :** To meet special requirement as a pilot in the Air Force the acceptable measurements of leg length, thigh length and sitting height will be as under :–

	Minimum	Maximum
Leg Length	99.00cms.	120.00 cms.
Thigh Length	–	64.00 cms.
Sitting Height	81.50cms.	96. 00 cms.

On account of lower age of NDA candidates, a margin of upto 5.0 cm. in height, 2.5 cm. in leg length (minimum) and 1.0 cm. sitting height (minimum) may be given provided it is certified by the Medical Board that the candidate is likely to grow and come upto the required standard on completion of his training in NDA.

Chest should be well developed. Fully expanded chest should not be less than 81 cms. The minimum range of expansion after full inspiration should be 5 cms. The measurement will be taken with a tape so adjusted that its lower edge should touch the nipple in front and the upper part of the tape should touch the lower angle of the shoulder blades behind. X-Ray of the chest is compulsory and will be taken to rule out any disease of the chest.

There should be no disease of bones and joints of the body. X-ray of spine of candidates will not be carried out as a routine except for Air Force. It will, however, be done on the advice of surgical specialist wherever clinically indicated. Minor congenital defects which are not likely to interfere in the performance of military duties may be acceptable on merit.

Spinal conditions: Thorough clinical examination of the spine including its shape, local tenderness if any, spinal movements etc is to be carried out. Mild kyphosis or Lordosis where deformity is barely noticeable and there is no pain or restriction of movement will not preclude acceptance. In case of noticeable Scoliosis or suspicion of any other abnormality or spinal deformity, more than mild, appropriate X ray of the spine are to be taken and the examinee referred for specialists advice.

The candidate should have no past history of medical breakdown or fits.

The hearing should be normal. A candidate should be able to hear a forced whisper with each ear at a distance of 610 cms in a quiet room.

There should be no signs of functional or organic disease of the heart and blood vessels. Blood pressure should be normal.

The muscles of the abdomen should be well developed and there should be no enlargement of the liver or spleen. Any evidence of disease of the internal organs or the abdomen will be a cause for rejection.

Un-operated hernia will make a candidate unfit. If operated earlier the healing should have been completed.

There should be no hydrocele, varicocele or pile.

Urine examination will be done and any abnormality if detected will be a cause for rejection.

Any disease of the skin which is likely to cause disabilities or disfigurement will also be a cause for rejection.

A candidate should be able to read 6/6 in a distant vision chart with each eye, with or without glasses. Myopia should not be more than 2.5D and Hypermetropia not more than 3.5D including Astigmatism. Internal examination of the eye will be done by means of ophthalmoscope to rule out any disease of the eye. A candidate should have good binocular vision; the colour vision standard will be CP III for the Army. A candidate should be able to recognize red and green colours. Candidates will be required to give a certificate that neither he nor any member of his family has suffered from congenital night blindness. Candidates who have undergone or have evidence of having undergone Radial Keratotomy to improve the visual acuity will be rejected.

The candidate should have sufficient number of natural and sound teeth. A minimum of 14 dental points will be acceptable. When 32 teeth are present the total dental points are 22. A candidate should not be suffering from severe pyorrhea.

Prospective candidates are advised to keep themselves in good physical condition by following a suitable fitness routine.